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## *FearOrLove.com Newsletter Nov. 2011*

### When The Shift Fits The Plan by Leah LaChapelle



It is a common expression here in 2011 to refer to an impending event and culminating point in Humanity's future in terms of *"when a colossal amount of excrement comes in direct contact with some ultra high velocity, rotary blades the size of a planet"*. Rather than merely standing by, bracing yourself before you receive your fair share of the odious splattering, here's a suggestion. Change the context from one of the dread of being slimed with raw sewage fallout, to one of a thrilling opportunity that opens a portal to adventure, transcendence and a peaceful planet!

When the shift fits the plan, there will be a revealing of dedicated Humans who are awake and aware and able to transcend the predicted throwback reaction, who are even now, taking Humanity to the next level of our species. Many people know that the great Shift of the ages has to do with transitioning out of fear-based duality consciousness into love-based unity consciousness.

But what exactly is "The Plan"? The Plan is simple. The Plan is for you to experience your own personal, profound Shift - *right now* - by being the Shift *right now*.

Here are 7 self empowering steps  
to take you to a higher vantage point and vibration to experience your  
personal Shift NOW:

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1. Get grounded to the Earth. You don't want to be "blown away" by chaos, you want to creatively remain, not by being rigid, but by being flexible. Establish a one-on-one relationship with the Earth herself. Find your center. Come into your inheritance.
2. Be grateful for our coming future, *whatever* it is, by being grateful for what you have right now. After all, this is our supreme opportunity, after a long long sleep, to wake up to who we really are. Debut the future. Let joy be your pathway as you live simultaneously in past, present, future. Trust the Process!
3. Be comfortable with feeling uncomfortable. The Earth is pregnant with the next version of herself. In the latter stage of any pregnancy, it is natural for there to be feelings of uncertainty, clumsiness, cravings, various aches and pains and discomforts. Put your feet up and breathe. Stay enthusiastic. Stay calm. Come out of heavy emotions and concepts and into lighter feelings and experience.
4. Complete your karma. Learn new attitudes and ways of thinking and behaving that are outside of your own drama. If you feel you have already done this and it *appears* that your karma has returned (as in.... *egads, not again????! I already dealt with that!!*), realize that you have a marvelous opportunity to graduate out of it.... by proving to yourself that your attitude has changed. Show up in your story differently. The context is that of a game you're playing -- with yourself. The situation has no more power over you.
5. Return to innocence. Rather than straining to stop judging, and striving to forgive those who have hurt you directly or indirectly, realize that in Oneness, you are in some way complicit in every crime, wrong doing, or benevolence and sweetness that comprises and permeates Humanity. You have played a necessary role for all of it to occur. It's all you. Take responsibility. Surrender to love. End the victim/victimizer game. Accept and adore others by loving every inch and aspect of yourself.
6. Make a declaration to yourself that you are a progenitor of the New Earth and New Human lighter density DNA. Love absolutely everything about yourself. There is much Old Paradigm programming to dismantle

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New Human, so you may need to review #5 above.

7. Connect and gather with Humans who are also becoming lighter in the self tyranny department and less dense in their physicality. Play with and practice Oneness with these beings. Be a leader and open the door to freedom by modeling the Universal Laws of Allowance and Balance.

Celebrate our individuality and diversity. Celebrate freedom.  
Celebrate the Shift!

When your personal shift occurs within you, you will have discovered your unique purpose, given over your worn out life script to write a new one, and made a commitment to hold the ascension current - no matter what. When enough Humans having personal shifts, fit into the overall planetary ascension plan, the New Paradigm is born.

*Shift happens! Intimidating turbo fan monsters are optional.*

Leah LaChapelle is a New Paradigm Awakening Coach in Austin, Texas. To book your Waking Up To.... Me! personal session with Leah, simply send an email to: [leah@fearorlove.com](mailto:leah@fearorlove.com). Visit <https://www.FearOrLove.com/awakeningcoaching.htm>

(New Paradigm sliding scale of \$11-\$77 for 1 ½ hours by phone, Skype, or in person)

