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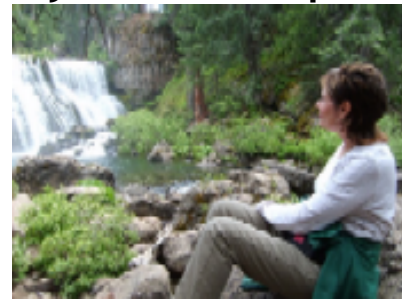
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Take The Shared Human Inventory Tour - S.H.I.T. - *Planetary Sustainability Through Knowing Yourself*

by Leah LaChapelle



If you're like so many of us on the planet, you're realizing that this is a time to *drastically* take stock of where we Humans stand in terms of living into our future as a species, and to take intelligent action to insure that it's a healthy future, so that we actually thrive. The quickest and easiest way to do this is to take the Shared Human Inventory Tour, or S.H.I.T.

This is a sensitive topic, especially for someone like ME, who was raised in the most polite of polite Old Paradigm society, so it is a true stretch and supreme choice for me to apply the "S" word in my blog in just this way. There are so many phrases in the English language that have the word "shit" in them these days, that it's amazing. (I stopped thinking them up and listing them at 25.... there are a shit load!)

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We obviously love to *talk about* shit and shitty things! We just don't like to *deal with our own* - either the physical kind (*eeeeuuuw!!*).... *or* the emotional/behavioral kind. But the rewards are rich for self empowerment and sustainability when we do.

Your Own Shit

is defined as:

**“That which you are challenged
(or in some cases completely resistant)
to recognize inside yourself,
that shows up noticeably in your life experience
resonating or manifesting as disharmony,
the origin of which is You.”**

Before you flush this article entirely, please know that when we actually take the Tour and take responsibility for our own shit, it is REFRESHINGLY LIBERATING and EMPOWERING, ushering in more LIGHT to us as individuals and, mercifully, to our entire species. It is **imperative for our planetary ascension that you deal with your own shit.....** and that this author deals with hers!

“That which we don't notice Inside us - we will experience Outside us.”

Tobias Lars

author, soul counselor & spirit traveler

www.soulcounseling.com

When you take the **Shared Human Inventory Tour** you will be doing your part to lift the vibration for the whole planet, in realizing that we are each manifesters of our reality.

The “ancient sacred text” revealing the Human Story and our potential future.....



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emblazoned in brown on our personal life love (sc)roll, conveniently and consistently within reach. But in the past, instead of being the creators that we are and interpreting the life-giving message as one of healing and unity, all we were able to do was to recoil from the divine invitation in a continuum of denial, fear, suffering, and separation. Fortunately, we are now discovering the “secret energetic codes” that translate into instructions for our next leap in evolution.

When you crack the code, the brown stuff on the (sc)roll reminds us that we’re all integrated in this Human experience as one whole, and the simple (not necessarily easy) assignment as repeatedly echoed through the ages, heralded in straightforward 21st century vernacular is:

“Deal with your own shit, Dude.”

In the past, as dumbed down, Old Paradigm psy-op’d “cattle”, many of us were conditioned with a herd mentality to project our self judgements onto others, namely bulls, sheep, and horses, to distract attention from ourselves through such familiar descriptives as “bullshit” “sheepshit” and “horseshit”.

I.E. anybody’s shit but our own!

When it comes to dealing with our own personal shit, serious avoidance has been the name of the game, and entire institutions have been built on that denial model. Dealing with our own shit means taking responsibility 100% for what shows up in our life experience as manifested through our attitudes, perspectives, beliefs, vibration, speech, choices, actions and contributions. Once you get over the initial shock that - **There Are No More Victims** - taking full responsibility can actually start to be enjoyable!



In the natural realm, since “shit rolls downhill”, and water runs downhill too, the Old in-the-box Paradigm model for processing our food, start to finish, has been to make our oceans and waterways the **depository** for our Human sewage. Consider that in nature, nothing is wasted. By ever having connoted Human excrement as “waste” in the first place, our current system has not mimicked nature, and therefore at this point is causing **disharmony of mammoth proportions for our planet.**



Likewise, when a person refuses to take responsibility for what flows out of them *vibrationally* as the cause of their own attracted manifestations in life, they are ostensibly

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...making their precious essence, and are using the ocean of collective consciousness as their depository for their drama, denial, victimhood, etc., causing disharmony of mammoth proportions for our planet.

Whatever is happening on our planet physically is an out picturing of what is happening spiritually within us.



*“There is nothing outside the person which going into them can defile them; but the things which proceed out of the person are what defile the person.”
(The Bible, Mark 7:15)*

..... Like our attitude toward our own “shit”.....!

Don't worry, you're not alone. Remember we're all learning this together.

Before you take the Shared Human Inventory Tour, you need a bit of preparation.

1. Ask yourself if you eat. If the answer is yes, please proceed.
2. Ask yourself if you poop. If the answer is yes, please proceed with your Tour preliminaries.
3. Don't fear your own feces. It's neither positive nor negative, as in there is no design flaw. It's there for observation and utilization as a Shared Human portal to transformation. Be grateful for this inescapable picture that will widen for you when you are on the S.H.I.T.
4. Knowing the truth shall make us free, so let this truth in: "Oneness consciousness" is not "sameness"! Oneness showcases our individuality! (Separation enforces conventionality through fear.) Having "all things in common" does not make you "common", it makes you extraordinary to the point where you can transcend the corrals, bullpens, and stockyards that have historically been our policed boundaries, perpetuated by our self enslavement through our belief in the illusion of separation.

OKAY. Now you're ready to take the S.H.I.T.!



Welcome to the Shared Human Inventory Tour.....

- Part Number One - Soften your eyes while you read the following, and relax.

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When you see this symbol, š ☹ pause and let
in the now experience.....

.....Think of all the people on our planet who eat food. (*That's everyone, unless of course they're breatharians or perhaps shape shifting extra-terrestrials, but that's a different blog/tour altogether....*) Thinking of all people who eat, you will be imagining everyone on the planet, inasmuch as that is possible. Think of them. Feel them - as a collective vibration. Just do your best - you can do it!š ☹ Now realize that every single one of these people not only has the need to absorb the nutrients from their food they ingest, but also to then naturally process that food out of their body. (*Holy human guano! That's a lot of shit.*) Think of them. Feel them in their natural need.š ☹ Now acknowledge You yourself as one of these people, and that you share this physical need in common with all homo sapiens. Feel yourself in the collective vibration. ☹ š Next imagine this 8 billion or so people feeling no sense of personal responsibility whatsoever for our own manure, because we rely and depend on "the system handlers" to know best for us, and to husband that priority and practical life aspect for us. View Humanity as asleep to what powerful beings we are, and as unaware that there are intentionally withheld technologies that could and would support the basic needs of our species and home planet, with deep respect and honor for our sacred water. Consider that Humanity does not really even understand what water is..... See co-dependent Humanity not as "wrong or bad", but as immature and disempowered, and needing "consciousness diapers", not knowing what on earth to do with all the stuff that is manufactured by our biological bowels. ☹

ššš

Now imagine these same people of Earth, understanding the important and powerful place that each one of us occupies.....



.....in upholding the holistic health of our planet. These are people who take responsibility for their own shit,
- emotionally/mentally/spiritually/physically -
and deal with it. Feel these people. Imagine yourself among them. ☹ š

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Still in a meditative relaxed state, now imagine the “asleep version” of Earth people again, thinking of Humans in this Pre-ShiFt phase in consciousness diapers.

§

More quickly now, **switch back and forth**, to feel the distinction between the two versions:

>>Little or No responsibility, in consciousness diapers.....

>>Full responsibility, with clear clean waterways.

>>Little or No responsibility, in consciousness diapers.....

>>Full responsibility, with clear clean waterways

>>Little or No responsibility.....>>Full responsibility



§ **You have just completed Part One of your Tour.
Now for Part “Number Two” (pun intended)**

Now that you have Part One as a frame of reference, comes the number two part - **the most significant part of your Tour, where you get to take Inventory.** This will be done in the privacy of your bathroom the very next time you have the opportunity to eliminate your digested food through your body. When you’re settled, ask yourself this question:

Question: What’s the difference between SHIT and SHIFT?

Answer: The letter “F” - in this case, F is for “Fear”.

Here in your bathroom, what do you see on your life love (sc)roll after use? Affirm that what you see is your own shit. State: *“I share this planet with ALL Humanity”*. Then boldly **CHOOSE** to upgrade your



Human evolution. Distinguish and notice any Fear you personally have in dealing with any disharmony in your personal/collective life, the reality of which emanates from within you. Acknowledge any fear you have of taking responsibility for your own

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negative. TAKE INVENTORY. For the highest and best good of all, you may need assistance to honestly and unashamedly deal with no one's shit but your own. Get ready to graduate with Humankind from the old survival mode and allow yourself to emerge into new creative liberation.

*When you see the brown message
upon your roll,
come out of your Fear,
and in Oneness be whole!*

When you make this choice, you are spiraling your vibration to a whole new frequency of Human, knowing:

We are One.

Embrace your own human life form and Humanity at large. Love yourself and Respect all others. (As an added amplifier, take the "shared reality sniff test".) Ascension is not for wimps. Take inventory of your own shit, activate your homo luminescence and be a part of the planetary liberation.

**Thank you! You have just completed your
Shared Human Inventory Tour!**



*Folks, we've run out of
Old Paradigm energy.*



Time to change your love (sc)roll!

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*This may be the LAST thing we ever deal with in the Old Paradigm....
but it will be the FIRST thing in the New!*

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