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Turning Into The New Human - - Introducing The Ascension Turn Technique!

by Leah LaChapelle



In preparation for ascension, we need to re-script our DNA and change our molecular structure to a different vibration from that of the old fear-dominant base. OK, but how? It sounds complicated, but it needn't be hard - just use the *Ascension Turn Technique* when you're driving, and let each use of your blinker serve as a reminder for you to spiral your energy upward into a lighter density, with the power of intention. Let your drive time be a time of activation for *Turning* into the New Human!

How drivers should or should not use their *turn* signals, brings up many emotions, ranging from little pet peeves all the way to hard core rage. Before introducing in detail the technique that can help us to *Turn* into the New Human, enjoy some humor triggered by the "other guy's" non-use of their *turn* signal:

- "Oh I get it - there must be a city-wide shortage of blinker fluid!"
- "My mistake - You obviously figured those lights on the back were for decoration and that little stick is just for hanging an air freshener."
- "Ever see someone use the *Disney lane*.....? That's the right turn signal while turning left."
- "Oh, we wouldn't want to trouble ourselves to burn half a calorie to move our flabby arm to move a little stick two inches to indicate which direction we're turning now, would we?"
- "Could it be that there really *are* folks that are just too busy on their cell

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their blinker?and that maybe the world really *does* revolve around them? Wow this is a whole new cosmology for me!”

- “I know who all you non-turn indicator users are...! You’re the same people that don’t clean up their mess at the condiment counter at Starbucks! Next time clean up your ----ing Half and Half drips! Grrrrr!”
- “A visitor from Mars, observing driving behavior, might conclude that on Earth, using a turn signal is forbidden.”
- “For a long time I thought that it was only BMWs that didn’t include turn signals as standard equipment. Now apparently it’s all makes and models.”
- **HaHaHa! OK -- on to the Ascension Turn Technique!**



2 basic reasons why today’s drivers do use their directional signals:

- #1** For courtesy and safety -and- **#2** To avoid getting a ticket
(I have a friend who was recently fined \$187.50 for failure to use his turn signal!)

and now there's a new 3rd reason:

NEW: #3 To send a signal to yourself, reminding you to mainline New Paradigm energies directly into your DNA to reformat it. Read on!

What if we could be courteous, safe drivers, avoiding the police state revenuing racket, and at the same time empower ourselves, and significantly influence the Collective to free us all from the global control grid? We can, when we use the simple *Ascension Turn Technique*.

Ascension Turning is:

Using your *turn* signal as a means of sending a signal to yourself to take individual responsibility

for restructuring your DNA, through the power of intention, so that you physically and otherwise thrive in lighter densities.



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***The Old Paradigm of extreme polarization
is passing away.
Come out of Left/Right Programming and remember
to
Spiral your energies Upward when you make a
turn!!***

In order to acclimate to the burgeoning lighter densities on Earth, you will need to upload, through intention, these basics into your DNA:

- a.) Groundedness to Earth; Go outside of fear.
- b.) Knowledge of who you really are - Magnificent Source Creative Beings; Have respect for, and non-judgement of, yourself and ALL others.
- c.) Being unvictimizable; Choose every experience through self responsibility.
- d.) Openness; Be prepared to let go of old, even current, gestalts.

If you're like most of us with busy schedules, you may not be spending much time relating with and reformatting your DNA for being a match with the coming new frequencies. And if you think of it, our driving basically reinforces the programming of the Left/Right mental construct with our only choice for turning being left or right. The Ascension *Turn* Technique is for using our drive time efficiently to SPIRAL energy, out of the confines of Left/Right programming, and to anchor in DNA encodements that are compatible with the New Paradigm, through our power of intention..... by allowing our blinker to remind us!

**Ascension *Turning* is actually not about driving at all,
but is about using your drive time
to form a new relatedness with your DNA
so that we *Turn* into the New Humans
we've been waiting to become!**



Here's how the Ascension *Turn* Technique works:

When you use your *Turn* signal, remind yourself to:

1. **FOCUS YOUR MIND** - We who are awake, walk in 2 worlds simultaneously - the illusion and the new reality. As you [safely]drive along, relax into a completely new awareness of what reality is, beyond the polarized Left/Right separation mentality. Notice the illusion without judging it - just observe it. Focus your mind on the foundation of evolvment for our planet, which is:

Galactic citizenship through self responsibility.

2. **INTEND** - Intend that your DNA be re-scripted and your molecular structure be changed to a different vibration from that of the heavier fear-dominant base, into a lighter love and cooperation base each time you use your *turn* signal. Breathe.

3. **SPIRAL YOUR ENERGY** - Appropriate conscious and UPWARD SPIRALING energy, originating from within. ***Feel the immense joy*** of recognizing yourself as the source of this choice and ability, on behalf of our planet. Breathe.



4. **TRANSMIT** - Transmit your intent and unique purpose directly to your DNA that has been awaiting this transmission. Don't over-think it. This is tantamount to the Prince's kiss that awakens Sleeping Beauty! ***Your DNA knows what to do.....*** as it comes in contact face to face, with spiraling energy propelled by your intention to be free, as a galactic citizen through self responsibility. Breathe.

5. **DECLARE** - *Turning right*, receive new energies; *turning left*, expand your energy. As you make your *turns*, say your intentions out

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Here are some declaration examples:

Signal Left: "I expand my energy to join the higher and lower aspects of my true Self". "I am a galactic citizen through self responsibility and love."

Signal Right: "I bring in new energies". "I allow my latent extrasensory abilities to shine through and I receive them."

Signal Left: "I am aware. I choose all my experiences."

Signal Right: "I am awake. I am on my path to mastery."

Make up your own reverse programming or liberating proclamations.



6. **CAUSE SOME SQUIRMING!** - Realize that this DNA activation through intention, produces "squirming" within the membrane of Humanity's old programmed understanding.

This "squirming" works to shed that tough Old Paradigm skin of controlled deception and to birth the New Paradigm.

This is NOT a shift from "negative to positive", but is an uplifting into a spiral experience that incorporates both positive and negative energies, for the overall galactic design pattern to manifest. This reformatting of your individual energies will prove useful for you and our planet, should your familiar personal life patterns start breaking down, necessarily in the formulation of the New Paradigm. Your new patterning will already be initialized!

And now, just in time for the **holiday** traffic, here's an Ascension *Turning* holiday song we can sing when making left and right hand *turns*, optimized by the intentional use of our *turn* signal, reminding us to allow our DNA to evolve.

Set to the tune of "Caroling, Caroling"



"Spiraling, Spiraling"

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My DNA is sing-ing;
 Spiraling, Spiraling in the Flow,
 My DNA is ring-ing.
 Spiral left and Spiral right,
 Intentions popping into sight!
 Spi-ral-ing -- up-ward!
 Our DNA is spring-ing!

Let your drive time be a time of DNA activation for *turning* into the New Human. Whenever you drive.... whether you use your directional signal..... or not..... Remember, we come out of the limitations of the Left/Right Paradigm by loving absolutely everything about ourselves and our bodies. Have fun using the Ascension *Turn* Technique, and Happy Spiraling!

Leah LaChapelle is a New Paradigm Awakening Coach in Austin, Texas.

To book your **Waking Up To..... Me!** personal session with Leah, simply send an email to:

leah@fearorlove.com. Visit www.FearOrLove.com/awakeningcoaching.htm

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